

2025

Tax Deduction Cheatsheet For Therapists



Belongly



“Compassionate Conversation Compass” simplifies the challenge therapists face when discussing abuse with clients. This guide equips therapists with the knowledge and language to delicately navigate conversations around various types of abuse that your clients may unknowingly face. It provides clear, factual insights alongside tactful prompts to ease into these tough topics.

The guide is invaluable in deepening client understanding and aiding in the recognition of their experiences with abuse. It’s a crucial addition to a therapist’s toolkit, designed to support the journey toward healing, offering a structured yet sensitive approach to encourage open, therapeutic discussions.

ADVERTISING & MARKETING

- Website Design & Maintenance
- Online & Print Advertising
- Promotional Materials/ BusinessCards
- Photography Shoots
- Networking Events
- Newsletter/ Email Service
- Online Directories

OFFICE & MATERIALS

- Home Office Expenses
- Office Rent
- Therapy Session Tools & Equipment
- Therapy Games & Tools
- Office Furniture
- Electronics (Computer/ Printer/Copier)
- Replenished Food & Supplies
- Utilities
- Software/ Subscriptions
- Business Meals
- Depreciation Costs

CONTRACTED SERVICES

- Payment Processing Fees
- Bank/ Overdraft/ Credit Card Fees
- Accounting & Bookkeeping
- Business Coaching
- Legal Fees
- Graphic Design
- Marketing
- Cleaning/ Landscaping Services
- Collection Agency Fees
- Web Design
- Personal Psychotherapy
- Health/ Dental Insurance
- App Subscriptions

CONTINUING EDUCATION

- Books/ E-Books
- Conferences
- Workshops/ Seminars/ Webinars
- Online Courses
- Professional Magazines/ Journals
- Business Trip Expenses
- Education-Related Travel

PROFESSIONAL LICENSURE RELATED

- Liability Insurance
- Licensure Fees
- Professional Memberships
- Supervision Costs
- Business Registration/ Formation

TRAVEL

- Car Maintenance
- Parking
- Tolls
- Gas
- Train/ Uber/ Cab/ Bus Fare
- E-Z Pass

STAFFING

- Administrative Costs
- Payroll Processor
- Unemployment Insurance
- Employee Benefits
- EAP Providers
- Employee Training
- Meeting Expenses

TECHNOLOGY & CYBERSECURITY

- Cybersecurity software and services
- Data recovery services
- Website hosting fees

CLIENT ENGAGEMENT & SUPPORT

- Virtual therapy platform subscriptions (e.g., Zoom, Telehealth platforms)
- Client engagement tools (e.g., online scheduling systems, CRM software)

GREEN BUSINESS INCENTIVES

- Energy-efficient office equipment upgrades
- Tax credits for home office solar panels or sustainable energy initiatives

MENTAL HEALTH & WELLNESS

- Professional supervision costs (specific to licensing)
- Peer consultation groups

COMMUNITY CONTRIBUTIONS

- Donations to professional organizations or associations
- Sponsorships of local events for mental health awareness

SPECIALIZED INSURANCE

- Cyber liability insurance
- Umbrella insurance coverage for additional protection

ACCESSIBILITY IMPROVEMENTS

- Costs related to making your office accessible (e.g., ramps, software for the visually impaired)

AI & EMERGING TOOLS

- AI tools for therapy notes or client assessments
- ChatGPT or similar generative AI subscriptions if used for practice

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COVID-19 OR HEALTH COMPLIANCE COSTS (IF ONGOING):

- PPE supplies
- Air purifiers or ventilation improvements
- COVID-related cleaning services

PERSONAL DEVELOPMENT:

- Personal therapy (if relevant for professional development or maintaining licensure in some jurisdictions)



This map is in no way an endorsement of any business listed and linked to, or a statement of the quality of the vendor. Anyone who downloads our map is responsible to fully & properly vet all potential vendors they may utilize as a result of finding them through this map. Belongy is in no way responsible for any outcomes as a result of vendor selection.

The 2025 Mental Health Professionals Industry Resource Map

Introducing the freshly updated 2025 Mental Health Industry Resource Map—your ultimate guide to navigating the evolving mental health landscape. Whether you're a seasoned professional or just beginning to explore the industry, this comprehensive PDF (complete with live links) is packed with the tools, apps, sites, and resources you need to stay ahead. In its third edition, this map is your shortcut to keeping up with the latest and greatest in mental health innovation. Don't miss out—discover everything you need, all in one place!

Counseling Centers, Therapy Businesses, & Mental Health Departments

Elevate your therapy practice to new heights with Belongly for Business. We offer a range of powerful tools and programs specifically designed to help mental health businesses grow and thrive.

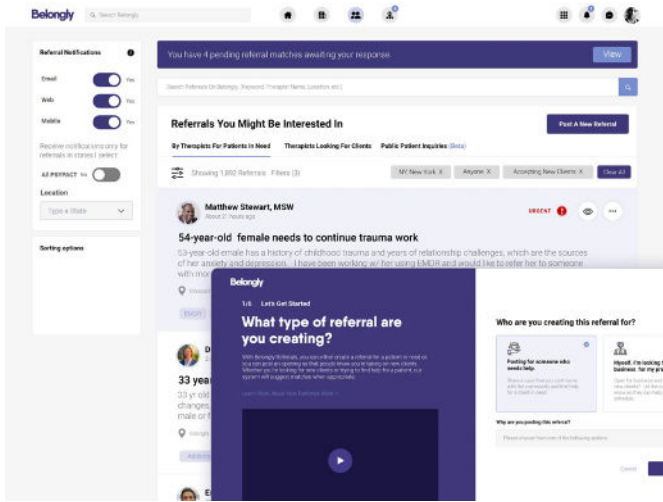
Belongly For Business

Business Page Example

The screenshot displays a professional business profile on the Belongly platform. At the top, there is a navigation bar with options like 'Admin View', 'View as a Client', and 'Your Page'. The profile header features a logo for 'Eternal Wellness Therapy Services' with the tagline 'Unlock Your Inner Harmony: Empowering Lives, Healing Minds!'. A green banner indicates 'Currently Accepting New Clients'. The 'Contact Information' section lists details such as 'Private Practice', location in Cambridge, Massachusetts, phone number (617.444.4444), email (support@eternalwellness.xyz), and website (eternalwellness.xyz). A 'Message Our Practice' section includes a disclaimer, crisis information (988), and a contact form with fields for name, email, and phone number, along with a 'Send Message' button. The 'Services' section is organized into a grid of six cards: 'In-Office Therapy', 'In-Home Therapy', 'Telehealth Therapy', 'Medication Management', 'PRIDE Services', and 'ABA Services', each with a brief description. At the bottom, a 'Meet Our People' section shows four profile pictures of staff members. A footer note states 'This Practice Page Has Been Provided By Belongly Business Services'.

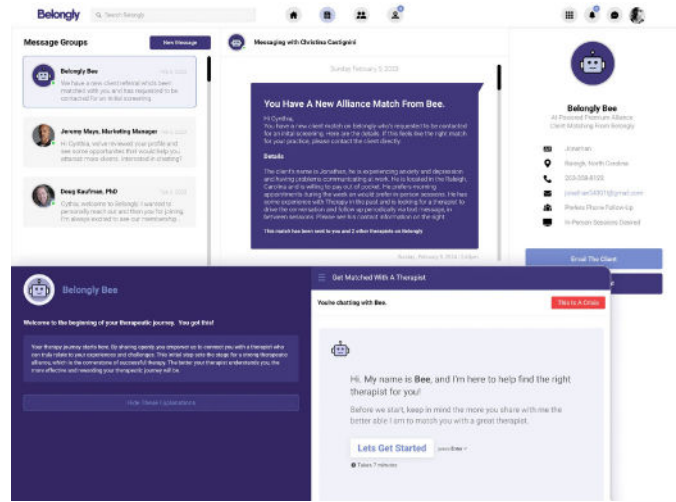
Explore The Belongly Platform

Peer-to-Peer Referrals



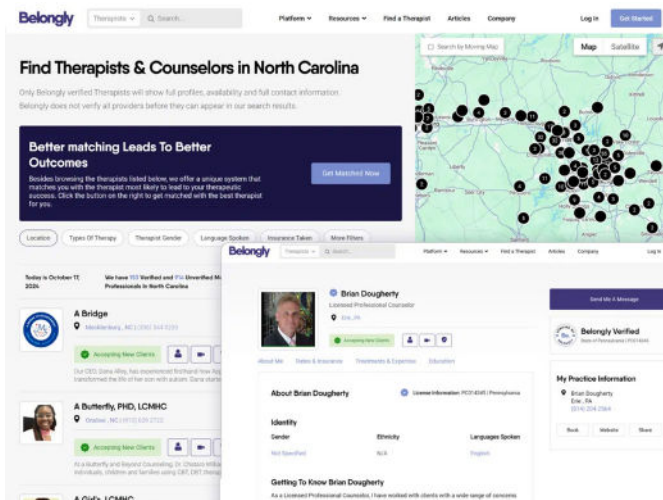
Streamline your referral process and help clients receive the support they need from trusted providers.

Alliance Premium Referrals



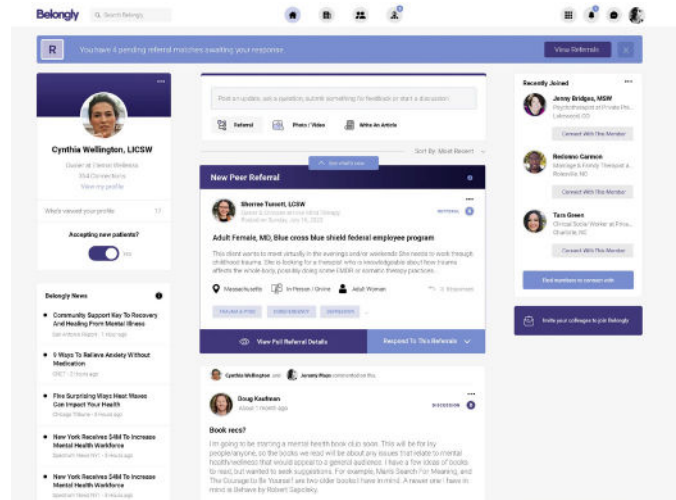
Alliance Premium Referrals matches you precisely with high-quality client referrals most likely to stay with you for a long-term relationship.

Belongly Discover



We're not just another online directory of therapists; we're a lead magnet for new clients and the foundation for upgrading to alliance-based referrals.


Connect



Connect empowers therapists to expand their networks, access resources, and grow their practices through collaboration and professional development.


Belongly

**Client Clarity Compass:
Navigating Ideal Clients & Turning Clients Away**



Revitalize and Thrive:

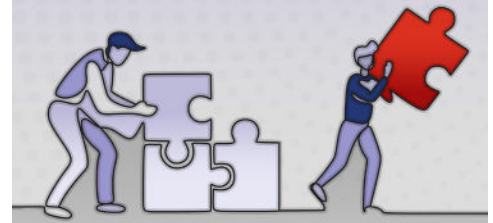
The Belongly Therapist's Guide to Beating Burnout



Belongly

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The Belongly Therapist's Handbook to Conquering Compliance



Included In This Handbook:

- Understanding the Archetypes of Noncompliance
- Strategy Planning: Mapping the Optimal Compliance Route

Therapy Unleashed: Guide to Freelancing in the Mental Health Field



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HIPAA 2023 Policy Change

belongly.com/hipaa2023

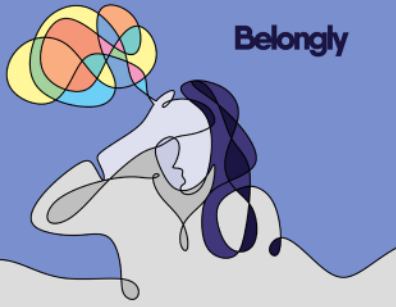
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Waitlist Woes? Meet Your New Best Friend: The Ultimate Client Waitlist Template



[Template]

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Words We Confuse with Emotions Client Handout


Dive into the "Emotional Thesaurus," an insightful new tool that will illuminate and empower both you and your patients.

Your Revenue Boost Blueprint: Quarterly Action Plan

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The Belongly Therapist's Compass: Navigating Ethical Dilemmas in Mental Healthcare

www.belongly.com

A woman with blonde hair and glasses is sitting in a chair, looking down at a tablet device she is holding. She is wearing a striped shirt. The background shows a white shelving unit with various items, including books, a small house figurine, and a plant. The entire image has a blue tint.

Therapists, finding new clients is easy on Belongly.

[Learn How It Works](#)